



WARNER WEEKLY

News & Information at Your Fingertips

VOL. 7, Issue 25

www.bamberg.army.mil

Thursday June 21, 2012



Preschoolers graduate, ready for kindergarten

By Jessica Lipari,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Walking across the stage and being handed a diploma while wearing a cap and gown is a milestone in one's life; it is graduation day.

At Warner Barracks, 30 preschool students enrolled in Child, Youth and School Services Strong Beginnings program did just that on June 14.

The graduates took the stage at the Stable Theater to perform prior to being presented with their diplomas.

With proud parents watching, the children said the Pledge of Allegiance and sang "Happy Birthday" to the Army, the "Alphabet Chant" and "World's Greatest."

What started out as a pilot program here in 2009, Strong Beginnings has eased the transition from preschool to kindergarten for more than 100 children.

"Strong Beginnings is a beneficial program for both the child entering kindergarten and the parents," said Michelle Hicks, Strong Beginnings program associate. "It prepares the



Jessica Lipari

Graduates from the Strong Beginnings class of 2012 perform the "Alphabet Chant" at the Stable Theater on June 14. Thirty preschool students graduated the program that eases the transition from preschool to kindergarten by teaching the children basic school subjects, social and disciplinary skills.

child for the educational and social aspects of starting elementary school."

With focus on teaching the children the basic school subjects, including language arts, math and science, graduates from the program have a jump-start on their learning.

"This program also enables the parents to see what kindergarten will bring," Hicks said.

(STRONG continued on Page 3)

Happy Birthday Army!



Heidi Sanders

The U.S. Army celebrated its 237th birthday on June 14. U.S. Army Garrison Bamberg celebrated with a ceremony at the Freedom Fitness Facility. Children from the Child Development Center sang "Happy Birthday" and community members participated in a chili cook-off.

Stable Theater to offer theatrical workshops for entire Family

By Heidi Sanders,
USAG Bamberg Public Affairs

will be as follows:

BAMBERG, Germany -- Children and adults alike are invited to learn new skills at the Stable Theater's Theatrical Workshop Series.

The workshops, which will cover a variety of aspects of the theater, will take place from 6-9 p.m. on Thursdays beginning July 12, said Jack Austin, U.S. Army Garrison Bamberg's entertainment director.

"The series is geared for the entire Family," Austin said. "Kids can come with their parents to learn theater skills."

Participants can attend as few or as many of the sessions as they like, Austin said.

• July 12 - Auditioning for Musical Theater: Learn how to show your best under stressful circumstances. Led by veteran Director Margi Ritscher and Stable Theater Director Jack Austin, with tips from 2012 Topper Award-winning Choreographer, Nora Sobering.

• July 19 - Dance Basics for Musical Theater: What are the essentials and basics that every Broadway-aspiring performer should know? Led by Nora Sobering. This will be a fun night of movement and discovery.

• July 26 - Sitcom - Writing Comedy and Doing Improv - How do they come up with that stuff? Join this brainstorming session to create

The topics covered at each session

(ACT continued on Page 4)

Cultivating Franconian tradition - Kirchweih season is here

By Simon Hupfer,
USAG Bamberg Public Affairs

BAMBERG, Germany -- Bamberg's surrounding communities and villages are getting ready for their annual country fairs, church anniversaries or "Kirchweih" festivities, as locals call it.

Kirchweih fests, or "Kerwa" as most Franconians would say, go back to a medieval tradition that celebrated the community's church consecration day.

Generally, that was the name day of the church's patron saint, or the Sunday after.

In Germany, a common date was introduced for all church anniversaries where the original date was lost or unclear.

That's why many communities host it on the third Sunday in October.

The Bamberg County, as the heart of the Culinary Region Upper Franconia, is cultivating the Kirchweih tradition.

Its official Kirchweih calendar lists more than 250 fests on 58 pages, covering Kirchweih fests as late as January 2013.

To some Americans, these rural traditions in their communities may seem exotic, to say the least; some can simply be considered "weird": In most villages a group of (usually unmarried) young men called "Kirchweihbuben" rove around singing, drinking and dragging a long decorated tree, the so-called "Kirchweihbaum," to the fest site.

Once erected, the tree then has to be guarded day and night, since competing groups from neighboring villages might try to kidnap it or cut it down; if the thief is successful, it's an unutterable shame for the entire village.

In some areas "burying the keg" is still a vivid tradition. The group of Kirchweihbuben has to find a buried beer keg that is hidden somewhere in the village.

The celebrating community gathers around



Courtesy Photo

The "Kirchweihbuben" of the Hirschaid community set up the decorated "Kirchweih" tree in the center of the fest site. In some communities the tree is guarded day and night, so Kirchweihbuben from neighboring communities do not kidnap it or cut it down.

the fest tree for traditional dances, supported by local music bands, traditionally brass instruments and drums and the well-known oompah-sound.

In some communities you can still see people wearing their traditional festive garb or uniforms.

The local guesthouses serve typical Franconian culinary specialties, like kettle boiled pork meat, which sometimes includes the pig's entire head ("Kesselfleisch" or "Gsicht,"), or innards ("Schlachtschuessel.") Usually it is served on a pile of sauerkraut.

The heavy Kirchweih food is usually flushed down with lots of beer.

Entertainment is provided for the whole family through carnival rides and, in some areas, there are still traditional cattle markets, like in the old times, when the Kirchweih was also a good business for community members.

Most small and lovable Kirchweih fests run

from Friday to Monday.

Bamberg's world-famous "Sandkirchweih" runs August 23 to 27, drawing 300,000 visitors from all over the world to Bamberg's Sandstrasse. "Sandkirchweih" features the "Fishermen's Joust," a spectacular tradition that goes back to the 15th century and a highlight of the festivities.

When the crowd is pushing itself through Sandstrasse, there is little reminder that the fest once celebrated the consecration of the little St. Elisabeth Church in Bamberg's Sand District.

The county of Bamberg has published its detailed Kirchweih calendar at www.kirchweihkalender-bamberg.de, featuring an alphabetical, as well as a chronological list, of available fests.

"We'd like to invite you to experience a typical (FESTS continued on Page 9)



Lt. Col. Steven L. Morris
U.S. Army Garrison
Bamberg, Commander

USAG Bamberg, Public Affairs Officer
Renate Bohlen

Warner Weekly Staff
Jessica Lipari (Editor), Heidi Sanders, Simon Hupfer

The Warner Weekly is an unofficial publication of the U.S. Army Garrison Bamberg, IMCOM-Europe and the U.S. Army authorized under the provisions of AR-360-1. Contents of The Warner Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army. Private organizations noted in this publication are not part of the Dept. of Defense and those wishing to make an announcement must be registered. Fundraising events must be pre-approved through the MWR Financial Management Division, located in Bldg. 7107. The appearance of advertising in this publication does not constitute endorsement of the products or services advertised by the U.S. Army. All content in this publication is prepared, edited and approved by the USAG Bamberg Public Affairs Office. The PAO reserves the right to edit submissions for style, clarity or fit. Time sensitive announcements are run for a minimum of two weeks. Information is accurate at the time of publishing. If specifics change, the change will be noted in the following publication. The deadline for all Warner Weekly submissions is 2 weeks prior to the desired publication date. The Public Affairs Office is not responsible for late submissions. This publication is produced and distributed every Thursday in an electronic format and can be viewed on the U.S. Army Bamberg website at www.bamberg.army.mil.

All MWR Programs provide reasonable accommodations for individuals with special needs. For assistance please contact the facility manager prior to your visit.

To subscribe to the Warner Weekly please send an email with 'SUBSCRIBE' as the subject to usarmy.bamberg.usareur.mbx.pao@mail.mil

Contact Information:

Office Location: Bldg. 7089, Warner Barracks
U.S. Army Address: Unit 27535, APO AE 09139
Telephone: DSN:469-1600, Fax: DSN:469-8033

German Address:

Weissenburgstrasse 12, 96052 Bamberg
Telephone: (+49) 0951-300-1600, Fax: (+49) 0951-300-8033

Asthma inhalers less effective without special device

By Douglas DeMaio, Bavaria Medical Department Activity Public Affairs

BAMBERG, Germany -- Breathing becomes increasingly difficult for people with asthma, but choosing what medication to use for an attack and what device to administer it can place an asthmatic at risk.

Every day in the U.S., nine people die from asthma, according to the Asthma and Allergy Foundation of America website.

"There are short-acting medications that give you quick relief," said Dr. Vincent Bentley, the medical director for the Bamberg Health Clinic. "People like these a lot because they are so effective in breaking an asthma attack, but we would like to not have people depend on those medications."

Using the right medication and correct device is important, Bentley said.

Preferred medications are long acting beta agonists and corticosteroids.

These medications are designed to prevent asthma attacks.

"These medications come in a meter-dosed inhaler," Bentley said.

"Something you inhale in your airways. Inhaling it in your airways isn't always easy. If you don't inhale it correctly, it goes in the back of your mouth and doesn't go down your lungs and it does no good," he said.

Bentley recommends asthmatics get a spacer, which the health clinic can dispense, he said.

These devices allow medications to more effectively reach the airways.

"When you squeeze the trigger, it goes in between the spacer and all the droplets of the medication are in the spacer," Bentley said. "You take a breath, then it is more likely that those droplets of medication go where it is supposed to go, which is into your lungs."

Asthma accounts for 1.75 million emergency room visits in the U.S. each year, according to the Asthma and Allergy Foundation of America website.

It also accounts for more than 10 million outpatient visits and 479,000 hospitalizations.

Those who are hospitalized might use a nebulizer, which is electronic device used to administer medication in the form of a mist, Bentley said.

"When you come into the emergency room, frequently we would use the nebulizer because it is administered by the clinical staff," Bentley said. "There is no need to educate the patient on proper administration. People see how the nebulizer works and they want the nebulizer to take home with them."

People find that they breathe easier with the device and decide to purchase one to help treat their asthma, he said.

Since nebulizers are not as portable as inhalers, asthmatics using them might be putting themselves at risk.

"Studies are proving that people who are dependent on the nebulizers have a higher risk

of death than those who learn to control their asthma with inhalers," Bentley said. "You never know when you will have an asthma attack. People rarely take their nebulizer with them and the meter-dose inhaler with the spacer is very portable."

Meter-dosed inhalers have special instructions, he said.

Patients using the devices need to be familiar with those instructions to be able to receive the medication in the canister properly.

"We are trying to educate the public into the value of learning how to use the meter-dosed inhaler with the spacer and not the nebulizer," Bentley said. "There are many people who feel like the nebulizer is easier to use. Through education, we can teach the patients how to become comfortable with the spacer."

Allergens such as mold, dust mites, pollen from trees or flowers and foods such as peanuts, eggs and fish can trigger an asthma attack, according to the Asthma and Allergy Foundation of America website.

Asthma has increased since the early 1980s across all age, sex and racial groups and, since 1980, asthma death rates overall have increased more than 50 percent among all genders, age groups and ethnic groups.

The death rate for children under 19 years old has nearly doubled since 1980.

For more information on how to prevent asthma attacks, visit www.noattacks.org.

USAREUR celebrates transformation milestones in Wiesbaden

WIESBADEN, Germany -- It was a grand celebration shared by honorees, German and American military and civilian leaders, the first family to move into Newman Village and all those who dedicated the past several years to transforming the Wiesbaden military community.



To read more on this story, click [here](#).

Army to deliver fuel-efficient generators to Afghanistan

ABERDEEN PROVING GROUND, Md. -- The U.S. Army will soon field its next generation of operational energy to Afghanistan with a line of leaner, fuel-saving generators expected to transform the way power is delivered to the battlefield.



To read more on this story, click [here](#).

(STRONG continued from Page 1)

The program also concentrates on kindergarten etiquette, including walking in line and sitting at a table. It follows a timeline and break schedule similar to Bamberg Elementary School to ease the transition.

Throughout the year, the 2012 graduating class of Strong Beginnings has conducted field trips around post and participated in several events. The class grew a garden and participated in activities including Tae Kwon Do and yoga.

"I feel this program is an asset to the children who are transitioning into kindergarten because the tools they leave the program with are essential to their success," Hicks said.

Enrollment for the Strong Beginnings class of 2013 is now available at Parent Central Services.

There is room for 40 children in the program and the child must be 4 years old by September 1 to be eligible for enrollment.

There is a morning class from 8-11 a.m. and an afternoon class from 11:30 a.m. to 2:30 p.m.

For more information or to enroll your child in Strong Beginnings, call Parent Central Services at 0951-300-7716.

Know the do's and don'ts of passport usage

Bamberg Staff Report

BAMBERG, Germany -- The idea of passports, or some type of document that identifies you and your nationality, has long been a part of history.

Some of the earliest references of passports can be found in the Bible and date back to about 450 B.C. when a man named Nehemiah was given a letter from the king asking distant officials to allow the man safe travel as he journeyed to Judea, according to the book "The Passport: The History of Man's Most Travelled Document."

In the United States, the individual states began issuing passports in 1775. The document was designed by Benjamin Franklin, then the minister to France, and was based on the look of the French passport. It wasn't until 1856 that Congress granted the Department of State sole authority to issue passports.

While today's passports may look a whole lot different than those original documents, the purpose hasn't changed much over the years.

However, today's passport is a much more complex document than the original. Many people often get confused by the differences in the types of passports and how to use them.

There are several different types of American passports including: tourist (blue cover), official (maroon cover) and diplomatic (black cover.) In addition to the regular tourist passport, there is also a no-fee tourist passport, which also has a blue cover. While an official or diplomatic passport is considered a no-fee passport, the blue no-fee tourist passports are typically issued to family members who are traveling on orders for the U.S. government, according to the Department of State website.

Community members are allowed to have both a no-fee and tourist passport at the same time.

But, when is the right time to use the no-fee passport?

According to the Department of State, a no-fee passport should only be used when traveling overseas on official orders. For example, when you are traveling to a new duty station, you would use your no-fee passport. When traveling for leisure or personal reasons, you must use your tourist passport, said Don Johnson, the Bamberg military passport acceptance agent.

In fact, it is against the law to use your no-fee passport when on leisure travel, said Johnson.

"You could get fined," he said.

If you only have a tourist passport, you are technically only allowed to stay within the country for a maximum of 90 days every six months.

So, what happens if you came to Germany with just a tourist passport?

No need to worry, said Johnson. If you just have a tourist passport and do not have a no-fee passport, you can go to the passport office and apply for a Status of Forces Agreement, or SOFA, card that can be inserted into your tourist passport.

One thing Johnson cautioned is to not wait until the last minute to do passport paperwork.

If you are applying for a tourist passport, the process can take up to four weeks, he said. An official passport can take between four and six weeks to get back. Johnson recommends starting the renewal process at least 90 days before the passport expires.

In addition, while the passport office doesn't process Visa applications, they do have information packets to let you know what you need to do to get one. Johnson encourages community members to start thinking well in advance about applying for a Visa if needed.

"Sometimes it can take up to a year to get through the Visa application process," he said.

If community members have a baby overseas, they will also have to apply for a Consular Report of Birth Abroad before applying for a passport. Parents can also apply for a newborn's Social Security card at the passport office as well.

Information about passports and documents can be downloaded from the www.bamberg.army.mil website or by stopping by the passport office. Photos for the passport can be obtained at the Community Activity Center Tuesday through Thursday from noon to 8 p.m. and Friday and Saturday from 10 a.m. to 6 p.m.

Once you have the packet and all the documents, the visit to the passport office only takes about 5-10 minutes, Johnson said.

The Bamberg passport office, located on the first floor of the Service Credit Union building, is open Tuesday through Thursday from 8a.m. to noon for walk ins and from 1-4 p.m. Tuesday and Wednesday and 1-3 p.m. Thursday for Consular Report of Birth Abroad appointments.

For more information, call 0951-300-8928, or visit <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. More information can also be found at http://travel.state.gov/passport/passport_1738.html.

(ACT continued from Page 1)

a situation comedy like on TV, and then improvise how an episode might develop. Led by Jack Austin.

• August 2 - To be determined.

• August 9 - Singing for Broadway: Led by opera singer Connie Panagakis. Learn techniques for that "Broadway belt" sound. Some experienced individual singers will be selected for demonstrations.

• August 16 - Clowning and Body Movement: Enter the fascinating world of performance through physical comedy. Led by Maddy Austin, stage manager for Bryn Mawr College's Goodhart Hall.

• August 23 - Stage Management essentials: How do they hold all that together? Become an indispensable stage manager for any performance through tricks and techniques in this workshop. Led by Maddy Austin and Jack Austin.

Austin said the workshops will likely be free thanks to a welfare grant from the Bamberg Spouses and Civilians' Club.

"It appears there will be no cost to participants," he said.

Austin said past workshops have been well received.

"We have offered many of these over the years to different groups," he said. "We usually draw

from our regular volunteer base."

He said participants do not have to have past theater experience or previously been involved with the Stable Theater, but he hopes that those who attend the workshops will take part in future productions.

"The basic intent aside from giving the whole Family an opportunity to get involved with theater is, because we are small community, to take skills and apply them in a show," he said.

Austin said participants are encouraged to sign up for the sessions they would like to attend in advance, either by calling the Stable Theater at 0951-300-8647 or by sending an email to stable.theater.tickets@eur.army.mil.

MURDER on the Oriental Rug

Adult Mystery Theater

THU/FRI June 21, 22 7:30pm - \$11 at The Stable Theater

SAT/SUN June 23, 24 6pm - \$16 incl. Dinner Warner Conf. Ctr.

RESERVE: Call 0951/ 300-8647 or email stable.theater.tickets@eur.army.mil

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Community Announcements
 Please send all announcements to Bamberg Public Affairs at usarmy.bamberg.usareur.mbx.pao@mail.mil.

Limited Services

Facilities at U.S. Army Garrison Bamberg will have limited services or be closed on July 5 and 6 due to holidays and annual work outings and on July 13 due to a personnel assembly. It is recommended that you call ahead to facilities on these days to see if they are open.

Theatrical Workshop Series

The Stable Theater will have a series of theatrical workshops for adults and children this summer. They are every Thursday beginning July 12 from 6-9 p.m. The topics will be as follows: July 12 - Auditioning for Musical Theater; July 19 - Dance Basics for Musical Theater; July 26 - Writing Situation Comedy and Doing Improv; Aug. 2 - to be determined; Aug. 9 - Singing for Broadway; Aug. 16 - Clowning and Body Movement; and Aug. 23 - Stage Management Essentials. For more information, call the Stable Theater at 0951-300-8647.

Matting and Framing

Arts and Crafts is scheduled to have a basic matting and framing class July 21, Aug. 18 and Sept. 15 at 10

Great Outdoor 5K Community Fun Run!
 June 23, start time 9 a.m.
 Local Training Area (LTA)

FREE! Open to all community members. Sign-up now at Freedom Fitness Facility or on run date. Registration starting at 8:30 a.m. For more information contact FFF at DSN 469-8890/9086 or Tel. 0951-300-8890/9086

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

a.m. and July 26, Aug. 23 and Sept. 20 at 6 p.m. The cost for the class is \$15. For more information, call 0951-300-8659.

Wood Safety

Arts and Crafts is scheduled to have a Woodshop Safety class July 7, Aug. 4 and Sept. 1 at 10 a.m. and July 12, Aug. 9 and Sept. 6 at 6 p.m. The cost for the class is \$15. The class is mandatory for people who want to use the woodshop. For more information, call 0951-300 8659.

Fourth of July 2012 Celebration

Warner Barracks will have events all day to celebrate Fourth of July. The day will kick-off with a golf tournament and 5k fun run at 9 a.m. The main events will begin at 2 p.m. at Pendleton Field and Freedom Fitness Facility parking lot. The event will end with fireworks at 10:30 p.m. There will be entertainment for the whole family including a live band, car show, and bouncy castles. Family Readiness Groups and private organizations will have fundraiser booths. Food and beverages will be available for purchase. For more information, call 0951-300-7920 or email bradley.e.cline.naf@mail.mil.

Ray's Diner Pizza and Movie Nights

Ray's Diner will host a pizza and movie night every Friday in June from 5 -6:30 p.m. The menu will include pizza, cheese sticks, chicken wings, potato wedges, jalapeno poppers, mozzarella sticks, spaghetti with meat sauce, cheesy bread and more.

Volunteer Recognition and Recruitment BBQ

On June 22 from 11 a.m. to 1 p.m the American Red Cross will be having a barbecue at the gazebo area between Army Community Service and the Health Clinic. The American Red Cross is very proud of its many dedicated volunteers and would like to take this opportunity to recognize their contributions. If you are interested in getting involved please join us to meet current volunteers and discuss available opportunities. This is an informal event and Families are welcome to participate. We will provide hot dogs, hamburgers, chips and salad. This is a potluck so please bring your favorite picnic dish or a desert. Please RSVP to the American Red Cross at 0951-300-1760 or Facebook.com/ARCBamberg so that we have enough food and can recognize all our volunteers who attend.

"Murder on the Oriental Rug"

The Stable Theater will present "Murder on the Oriental Rug," a hilarious mystery show within a show. The show will start at 7:30 p.m. June 21-22 at the Stable Theater. On June 23-24, the show be at the Warner Conference Center at 6 p.m. and will include dinner. The cost is \$11 for the June 21-22 shows and \$16 for the June 23-24 shows, which includes dinner. Dinner will be chicken Alfredo pasta and broccoli/vegetarian pasta. Comes with garlic bread The production is adult-oriented and not appropriate for kids. For more information, call the Stable Theater at 0951-300-8647.

Community Flea Markets

The Community Activity Center will host a Community Flea Market from 10 a.m. to 1 p.m. the second Saturday of the month through October at the CAC, Building 7047. The dates for the flea markets are July 14, Aug. 11, Sept. 8 and Oct. 13. For more information, call the CAC at 0951-300-8837

Food Handlers Training

A food handlers class is scheduled at U.S. Army Garrison Bamberg on July 10 at Army Community Services, Building 7029. Classes are free and last one hour. Certification is intended for individuals involved in fund raising food sales such as Better Opportunities for Single Soldiers, Family Readiness Groups, private organizations and Child, Youth and

Body Tone \$5.00 per class
 Monday 9:30 a.m.
 Tuesday 10 a.m.
 Friday 9 a.m.

Yoga \$4.00 per class
 Monday 10:30 a.m.
 Wednesday 10 a.m.
 Thursday 7 p.m.
 Friday 10 a.m.

ZUMBA \$5.00 per class
 Tuesday 9 a.m.
 Thursday 10 a.m.

Contact FFF at (0951) 300 8890 / 9086 / 7595
 or download the latest FFF Fitness and Community Runs Calendar at www.bamberg.army.mil/mwr
 * Thursday Evening Yoga Classes is recommended for advanced users.

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

School Services personnel. The class may also supplement required refresher training for regular food service employees. Registration is not required. For details contact Sgt. Greg Thompson at 09662-83-2041 or 2138, email greg.thompson7@amedd.army.mil.

CPR, AED and First Aid Certification

Come and learn how to give CPR, first aid and use an automated external defibrillator with the American Red Cross July 13 and Aug. 10 from 9 a.m. to 3:30 p.m. at the Army Community Services building. The cost of the CPR and First Aid Certification is \$55. You can log onto www.redcross.org to register. Once on the ARC site, go to "take a class" and enter your APO zip code to find the course, register and pay online. You can also register in person at the ARC office. For additional information or questions, stop by the American Red Cross office, Building 7029 or call 0951-300-1760.

Volunteer Opportunities

Interested in volunteering? Equal Opportunity office is looking for volunteers to help with upcoming observances. For more information, contact the Equal Opportunity and Equal Employment Opportunity offices at 0951-300-8624.

Free Tax Preparation


The Bamberg Tax Center will be open from 9 a.m.

Matting & Framing

Basic Matting and Framing Classes are held every third Saturday, 10 a.m. and the following Thursday, 6 p.m. - \$15 per person

Contact Arts and Crafts at Tel. (0951) 300 8659

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS



Ramstein Shuttle

RAMSTEIN AB	Arrival	Departure
Bamberg, Bldg 7676, Bamberg Inn	1:40 a.m.	1:50 a.m.
Schweinfurt Conn Bks, Bldg 89, Bradley Inn	2:50 a.m.	3:00 a.m.
Ramstein Passenger Terminal	6:30 a.m.	
Ramstein Passenger Terminal		9:40 a.m.
Schweinfurt Conn Bks, Bldg 40, Central Processing Facility	12:30 p.m.	12:40 p.m.
Bamberg, Bldg 7290, Central Processing Facility	13:20 p.m.	

Every Tuesday

to noon June 18-29. The Tax Center will close for the season on June 30. The Tax Center is located in Building 7000 on the fourth floor. Appointments and walk-ins will be available. For more information or to make an appointment, call 0951-300-8261/8262.

Red Cross Volunteer Orientation

Come and learn how you can become a volunteer with the American Red Cross from 10 a.m. to noon July 6 and 20 and August 3 and 17 at the Army Community Services building. Please call and RSVP no later than the day before each scheduled orientation. For additional information, visit the American Red Cross office, Building 7029 or call 0951-300-1760.

Military Council of Catholic Women

The Military Council of Catholic Women meet on Thursdays at the chapel. Mass begins at 12 p.m. followed by fellowship, lunch and study group from 12:30 to 2 p.m. For more information, email Andrea.lands@gmail.com.

By Soldiers - For Soldiers

Alcoholics Anonymous meetings for Warner Barracks take place weekly on Wednesdays from 11:45 a.m. to 12:45 p.m. at the Community Activity Center, Room 409. These meetings are open to anyone. Duty uniform allowed. For more information, call Kyle at 0151-1775-3880, Brian at 0172-271-3626 or Justin at 0151-4642-3940.

Woodworkers Roundtable

Take part in the woodworkers roundtable every Wednesday at the Arts and Crafts woodshop on the on the second floor of Building 7047. Get tips, tricks and new ideas. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Arts and Crafts

Take part in the crafter's club at noon every Tuesday at the Arts and Crafts classroom on the first floor of Building 7047. Join the fun. Local crafters get together to share ideas, tips and tricks on a variety of crafts. Learn something new or share your knowledge. The event is free. For more information, call 0951-300-8659 or email thomas.stenson@us.army.mil.

Weekly Reminders

Document Disposal

Burning documents in a burn barrel is not allowed on post. All paper that needs to be disposed of must be shredded at the Recycling Center. They have an industrial shredder and accept paper each Tuesday from 1-4 p.m. or by appointment. The garrison

receives a credit for each kilogram of paper turned in through the recycling program. For more information, call the environmental office at 0951-300-8426.

Speed Limit

Please slow down while driving through residential areas on the installation. The speed limit inside a residential area is 20 kph.

Immediate Appointments

Are you tired of waiting on hold while scheduling a medical appointment at health clinic? With TRICARE Online, you don't have to wait on hold. You can schedule appointments, refill prescriptions and manage your health needs better. Register today at www.tricareonline.com. To learn more, visit <http://www.youtube.com/watch?v=s7VeUlyTMa4>.

Photo Studio

The Arts and Crafts Photo Studio has reopened. Chandra is available to take your appointments for portraits, balls, sporting events and more. For more information or to make an appointment, call 0951-297-1248.

Looking for Training Space?

Earn your certificate. Advance your career. Achieve your goals. The Digital Training Facilities provide Soldiers with a location to access web based, job related and professional courses away from the workplace and distractions of the home. We have three classrooms and each classroom has 17 workstations. In total, we have 51 workstations. Classrooms are linked to the internet. Services are available for individual self development. Stop in to check email, use free internet, take distance learning classes, job search or study. For more information, visit the Digital Training Facility, Building 7055, call 0951-300-8669 or email esther.j.galletta@us.army.mil. The facility is open Monday-Thursday day from 8 a.m. to 5 p.m. and Friday from 8 - 11 a.m.

Get EFMP Registered

Is your Soldier coming back from downrange? If your Soldier is receiving orders to another location, it is not too early to start your Exceptional Family Member Program paperwork. Family members can start the paperwork now. Your local Army Community Services EFMP manager can assist in determining what you need to do. Remember, if you have someone registered in EFMP, the registration has to be updated every three years or when the condition changes. For

SPIES TERRORISTS INSIDERS



THREAT AWARENESS

"It is Your Responsibility to Protect Our Community"

REPORT SUSPICIOUS ACTIVITY

Bamberg Field Office
CIV: 0951-300-8742
DSN: 469-8742

24 Hour Duty Cell Phone
0162-297-6546

Bldg 7000, Room 410
Warner Barracks



more information about EFMP, call 0951-300-7777.

Involved Consideration

Missed appointments diminish a medical facility's ability to provide efficient health care. The next time you cannot make your medical appointment, please be considerate and cancel your appointment. We need your involvement to provide better care for our military community.

Ray's Diner Hours

Every weekday, Ray's Diner serves breakfast from 7-9 a.m., lunch from 11:30 a.m.-1 p.m. and dinner from 5-6:30 p.m. During the weekends and four-day weekends, breakfast is served at 8-9 a.m., lunch at 11 a.m.-12:30 p.m. and dinner at 3:30-5 p.m.

DEERS Validation

Soldiers are responsible for ensuring Defense Enrollment Eligibility Reporting System information is updated. Please see the ID card section to update your DEERS information.

OneSource Mobile

Army OneSource is now available for smart phone browsers. The launch of a mobile device version will optimize Army OneSource the mobile experience for visitors. Visit www.myarmyonesource.com today.

DFAC Feedback

Dining Facility council meetings are at Ray's Diner every last Thursday of the last month of each quarter at 2 p.m. The meetings are scheduled for June 28 and Sept. 27. For more information, call 0951-300-7130.

Army Suggestion Program

The Army Suggestion Program encourages Soldiers, civilians and any concerned individuals to submit ideas regarding how the Army can increase efficiency and cut costs. Approved suggestions are assessed on how much they save the Army and can earn individuals thousands of dollars. For more information, or to submit an idea, Army Knowledge Online registered users can visit the ASP website at <http://asp.hqda.pentagon.mil/public/>. Those unable to access AKO can submit a DA Form 1045 to their installation coordinator. For more information, call 0951-300-8001.



Utility Tax Relief Services

Tax Relief Office now offers a new service for U.S. Army Garrison Bamberg customers. With the implementation of the Utility Avoidance Program customers can sign up locally and save 19 percent

**MONEY GOES TOWARD YOUR
MILITARY TREATMENT FACILITY**

**FILLING
OUT YOUR
ARMY PROVIDER
SATISFACTION SURVEY
IS AS EASY AS**

ABC



Europa Park!
(Germany's Largest Amusement Park!)

June 30

Cost \$ 89 per person
(entrance fee and transportation included!)

Sign-up at the Freedom Fitness Facility. Payable in full at time of registration. NOTE: Children 3 and under are free into park but will be charged \$20 for bus seat. Bus departs at 4 a.m. from Chapel Parking Lot and returns around midnight.

MWR
facebook
BambergMWR

tax on their electricity, gas and water bills if these utilities are provided by Bamberg Stadtwerke, Erlanger Stadtwerke, Entega and E-on Bayern. For more information, call the Bamberg tax relief office at 0951-300-1780.

New Health Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday, Tuesday, Wednesday, sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Thursday and Friday, sick call is from 7 - 8 a.m. and full service is from 7:30 a.m. - 3 p.m.; closed on U.S. federal holidays and weekends. For more information or if you need to make an appointment, call 0951-300-1750. In case of a medical emergency, call the Bamberg Military Police at 0951-300-114. The TRICARE Nurse Advice Line, a toll-free number 00800-4759-2330, is available 24 hours a day, seven days a week to talk to a nurse about health care concerns, get self-care advice, schedule appointments or arrange a call with a care provider.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, resume preparation assistance and information about veterans' benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing; offered weekly and about an hour long. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. For more information, call 0951-300-8925.

Veterinary Facility

The veterinary office's hours are Monday through Wednesday from 8 a.m.-4 p.m., closed Thursday and open Friday 8 a.m.-noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory and on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information about the clinic or to schedule an appointment, call 0951-300-7972.

Family Advocacy Programs

Army Community Services' Family Advocacy Program

is here to provide help and support by offering a New Parent Support Program, Newborn Network, play group, parenting classes, communication classes, victim advocacy and anger and stress management classes.

Family Advocacy - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to Building 7487 from 1:30 - 3 p.m. for an anger and stress management class.

New Parent - Being a new parent can be a challenge. Join the New Parent Support Group every Friday from 10-11:30 a.m. in Building 7487. For information about any of these classes, call 0951-300-7777.

Passport Office

The Bamberg Passport Office has upgraded its website. You can now access all the informational handouts at <http://www.bamberg.army.mil/directorates/dhr/passport.asp>. For assistance in filling out the Passport Application, download the Application Wizards User's guide.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer/Casualty Manager is located in Building 7290, Room 208, next to Burger King. For more information, call 0951-300-7514.

English as a Second Language

Army Community Service, Relocation Readiness Program, offers free ESL classes every Thursday. Level 1 class is scheduled from 8:30-10:30 a.m. Level 2 class is from 10:30 a.m.-12:30 p.m. Level 3 class is from 1-3 p.m. Classes are at the Family Advocacy Program Building 7487. For more information, call 0951-300-7777.

ACS Hours of Operation

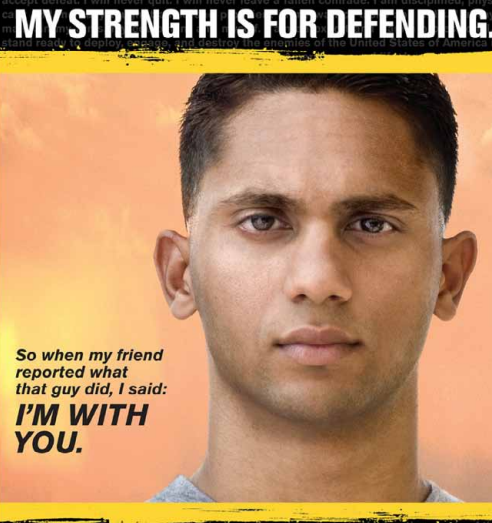
Army Community Services is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays. For more information about any of the ACS programs, call 0951-300-7777.

Sexual Assault

Your Sexual Assault Response Coordinator is available 24 hours a day. Call 0951-300-8397 for your local office or 0162-510-2917 for the 24-hour hotline.

Customs Office

The Bamberg Customs Office is located in rooms



MY STRENGTH IS FOR DEFENDING.


So when my friend reported what that guy did, I said:
I'M WITH YOU.

PREVENTING SEXUAL ASSAULT AND SEXUAL HARASSMENT IS MY DUTY.

24/7 Bamberg Sexual Assault Hotline: 0162 510 2917

I AM STRONG

www.preventsexualassault.army.mil



Woodshop Safety

Safety Classes are held every first Saturday of the month, 10 a.m. and the following Thursday, 6 p.m. The class is a pre-requisite to use the equipment of the shop.

Contact Arts and Crafts at Tel. (0951) 300 8659

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

124 and 125 in Building 7011 across the street from the movie theater. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday through Friday, and closed on German and American holidays. For more information, call 0951-300-7460 or 0951-300-9312. The fax number is 0951-300-8665. Office personnel can assist with importing items, selling items to non-ID card holders and help visiting family members get permission to drive USAREUR-plated car or have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

Trial Defense Services

If you're a Soldier and you are questioned by law enforcement, Criminal Investigation Division or members of your command about suspected acts of misconduct, you have the absolute right to remain silent. You have the right to refuse to answer any question, even from your commander and you have the right to talk to an attorney. If questioned, you should immediately demand to speak to an attorney. As a Soldier, you are entitled to free consultation and representation by a military defense counsel. All communications with a trial defense attorney are privileged and will not be released to your command. Let a U.S. Army trial defense attorney help you. For more information, call 0951-300-8620 or come to Building 7000 to speak to a free trial defense attorney.

Closures / Changes

Library Hours Change

Beginning June 1, the Bamberg Library will be open from 11 a.m. to 6 p.m. Monday, Wednesday and Friday, 11 a.m. to 7 p.m. Tuesday and Thursday and 11 a.m. to 3 p.m. Saturday. The library is closed on American and German holidays.

Frankfurt Airport Shuttle Change

Beginning May 15, the Frankfurt shuttle bus will be limited to one afternoon shuttle running from Frankfurt Airport to Bamberg. The shuttle departs from the airport at 2:45 p.m. and arrives in Bamberg at 6:30 p.m. The drop-off point is Building 7011, Provost Marshall Office. For more information about the airport shuttle, call 069-695973816.

Vehicle Registration Closure

The Vehicle Registration Office will be closed July 4-6

Help us better our community by taking a survey about the Bamberg community at

www.surveymonkey.com/s/Bamberg

and July 13. For more information, call 0951-300-7580. 3208381

Coffee Change

The phone number for Community Activity Center and cafe is now 0951-300-8837. The 0951-300-8659 line will only be for Arts and Crafts and be answered during its business hours.

Customs Office

The Customs Office is closed every first Thursday of the month for training.

Continuing Education

CTC Term 5 Registration Now Open

Registration for Central Texas College Bamberg Term 5 is open now and classes start June 4th! This term CTC will be offering CDEC 1354 Child Growth and Development, and CJSA 1322 Introduction to Criminal Justice. The classes are open to the community and can be taken even if the student is non-degree seeking. Active Duty soldiers can enroll through their GoArmyEd portal and civilians through their WebAdvisor portal. Stop by the office to enroll in Room 311 on the 3rd floor above the Community Activity Center. Contact the Field Rep at 0951-300-7467 or bamberg@europe.ctcd.edu.

Texas Resident

Are you a Texas resident? Central Texas College offers an in-state tuition rate of \$76 per credit hour for Texas residents taking online courses. Take classes online in criminal justice, early childhood, applied management, hospitality management, legal assistant and fire prevention. For more information, email the CTC field representative at bamberg@europe.ctcd.edu or call 0951-300 7467.

PTA Scholarships

Apply for European Parent Teacher Association scholarships. For more information, visit <http://europeanptaonline.org/EPTAScholarship.aspx>.

Post 911 GI Bill

Take advantage of your military benefits. Earn a degree or skill with your Post 911 GI Bill. Find out more by visiting <http://www.gibill.va.gov/>.

Sports, Health and Fitness

Fitness Class Schedule Changes

The Freedom Fitness Facility has had several changes to its fitness class schedule. Zumba Classes, \$5 per class are only in the morning now on Tuesdays

Recycling Fact

If we recycled all of the cell phones retired each year, we would save enough energy to power 18,500 homes for a year

at 9 a.m. and Thursdays at 10 a.m. Body Tone, \$5 per class is now on Mondays at 9:30 a.m. and Fridays at 9 a.m. Yoga, \$4 per class is now on Mondays at 10:30 a.m. and Wednesdays and Fridays at 10 a.m.

Thursday Night Scramble

Come to Whispering Pines Golf Course for Thursday Night Scramble every Thursday evening at 6 p.m. Entry fee is \$10. For more information, call 0951-300-8953.

Baseball and Softball in Bamberg

The Memmelsdorf Barons Baseball club is the only baseball club in the Bamberg area. The club hosts two senior baseball teams (one recreational, one competitive), a women's fastpitch softball team and two youth teams within five minutes distance to Warner Barracks. The club has a long tradition in giving U.S. players the chance to keep playing baseball on a competitive or recreational level and the chance of getting around on road trips around Bavaria for games. For more information contact the officer of the club, Volker Lang at volker.lang@memmelsdorf-barons.de or 0179-117-2494.

Running Club

Do you get out of breath running for the bus? Do you want to lose weight? Do you want to get in shape and stay in shape? Join the Bamberg Running Club for all levels of runners, but especially targeted for beginners using the Jeff Galloway training method of running/walking! The Bamberg Club will meet two times a week for 45-60 minutes of training, plus weekend runs. This is will be partnership between Freedom Fitness Facility and the Bamberg Health Clinic. For more information, email kelley.woodruff@us.army.mil or ernest.d.johnson3.naf@mail.mil or call 0951-300-9086.

Kick the Habit

There is a Smoking Cessation Group every Monday at 4:30 - 5:00 p.m. in the Dental Clinic Conference room. No registration required. For more information, call 0951-300-8999.

Pertussis Prevention

Pertussis, or whooping cough, is on the rise. It affects people of all ages, is most severe in children and can be fatal in infants. Immunizations children get to protect against this disease wanes with time. Unimmunized, infected adults can unknowingly spread pertussis to children. Symptoms in adults can appear like a common cold and develop into violent coughing. Preventing the spread of the disease is possible. To protect yourself but, most importantly, the children of our community, we urge adults to be vaccinated against pertussis. Ask your health clinic professionals about the Tetanus, Diphtheria and Pertussis vaccine or T-DAP.

Youth and Teens

Summer Reading Program

Sign up now to participate in the 2012 Summer Reading Program, which kicks off June 20 at Bamberg's community library. This year's theme

is "Reading is Soooooo Delicious." The program is open to children age 5-17. Activities will be offered each Wednesday, except on July 4. The program will wrap up July 18 with an awards ceremony. For more information, visit the community library, Building 7047, or call 0951-300-1740.

CYSS Fall Sports Sign-ups

Sign-ups have begun for the CYSS Fall sports programs. Programs offered will be Cheerleading for 9-15 year olds: \$40, Flag Football for 9-12 year olds: \$40, Soccer for 3-5 year olds: \$20, Soccer for 6-15 year olds: \$40 and Tackle Football for 12-14 year olds: \$135. If your spouse is deployed or deploying soon you qualify to enroll at no cost using your AFC benefits, just bring in deployment orders. Practices start the week of August 27th with the exception of Tackle Football which starts conditioning camp August 13th. Sign-ups are on a first come, first serve basis. Sign-ups end August 17th or when the team is filled. We still need volunteer coaches for all sports. Our programs don't work unless people step up to volunteer plus your children will be enrolled at no cost. Please call Youth Sports with any questions at 0951-300-7523.

Parents' Night/Day Out

Enjoy a day or night out by enrolling your children in the next Parents' Day Out or Parents' Night Out programs. Dates for Parents' Day Out will be Aug. 4, Oct. 6 and Dec 1 from 11:30 a.m. – 3 p.m. Dates for Parents' Night Out will be July 6, Sept. 7 and Nov. 2 from 6:30 – 9:30 p.m. Cost is \$12 per child and Army Family Covenant deployment benefits can be used if eligible. Visit Parent Central Services or Webtrac to sign up. For more information, call 0951-300-8660.

Reader of the Month

On the third Wednesday of the each month at 4 p.m., the Bamberg Community Library and School Age Center will recognize and reward children and youth for their accomplishments in reading. A reading log will be maintained at Bamberg Library. The Reader of the Month will have their photo displayed at the library. For more information, call 0951-300-1740.

Preschool Services

Your child or someone else's may qualify for preschool services for children with disabilities. Screening for children ages 3 to 5 years of age are held once a month at Bamberg Elementary School to locate and identify children who may have developmental delays. Make an appointment if you suspect a delay in language, physical, cognitive, social or adaptive behavior development. Call BES at 0951-300-7616.

USAG Bamberg - www.bamberg.army.mil/mwr




MWR
Facebook
flickr
BambergMWR

Community Women's Softball Tournament

July 21-22

Open to the first 6 teams. \$250 per team entry fee. Round robin play. Double elimination play for championships. Awards for 1st & 2nd place.
Sign-up by 10 July 2012. Contact Freedom Fitness Facility, Bldg. 7680, charles.w.williams.civ@mail.mil or call DSN 469-7597/8890 or 0951-300-7597/8890

USAG Bamberg
www.bamberg.army.mil/mwr










4th of JULY Celebrations

Timeline of Events

9 a.m.	Golf Tournament at Whispering Pines Golf Course & 5K Fun Run at Freedom Fitness Facility	3:30 p.m.	Warm Up with DJ Tim Fitness Demos
2 p.m.	Mask Events: Kids at Pendleton Field, Auto and Motobike Show at FFF Parking Lot, Test your car's horse power on the DYNOMI Beauty Pageant	5:30 p.m.	Car and Motorcycle Show/Judging
2:30 p.m.	Golf Awards at Whispering Pines Golf Course	6:45 p.m.	Sargeant Commander taps the keg
3 p.m.	Schank Duo Juggling Show, Juggling workshop for kids, all day long at Pendleton Field	7 p.m.	Live entertainment feat. "LifeForce"
		7:30 p.m.	Car Show Awards Ceremony
		9:45 p.m.	Juggling and Fire Show
		10:30 p.m.	Fire Works powered by the Bamberg Spouses and Civilians' Club

This event is sponsored by

AMP Military Sales and       

www.BavarianMotorCars.com

No Federal Endorsement Implied!

FOR SOLDIERS FOR FAMILIES FOR RETIRES FOR CIVILIANS

Trips and Travel Opportunities

Registration for trips begin the 15th of the month before the scheduled trip and must be made no later than the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 0951-300-9376/7955. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/directorates/dfmwr/odr.asp>.



June 27 Evening Adventure Sports \$15

Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone! Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

June 30 Outdoor Climb \$35

Enjoy the summer air and friends by joining Outdoor Recreation for an outdoor climb in the world famous sport climbing area known as Frankenjura. Includes transportation, instruction and equipment. Departs Outdoor Recreation at 9 a.m. and returns at 3 p.m.

June 30 Polish Pottery Shopping \$65

Let Outdoor Recreation take care of the driving. Transportation will be in a German Motor Coach. Transportation departs the chapel parking lot at 4 a.m. and returns at 12 a.m.

July 7 Canoeing on the Main River \$35

Paddle as the current carries you down the Main River, while relishing the striking beauty of Bavaria. Trip includes transportation, equipment, and instruction. Please wear a swimming suit and bring a towel, sack lunch and hydrating liquids. Transportation departs Outdoor Recreation at 9 a.m. and returns at 5 p.m.

July 7 Legoland Germany \$40

Enjoy the family friendly theme park of Legoland, located in Gunzenburg, Germany. Children ages 4-12 are \$30; 3 and under are \$25. Transportation departs the chapel parking lot at 6 a.m. and returns at 10 p.m.

July 11, 18 and 25 Evening Adventure Sports \$15

Enjoy the longer days with a mountain bike ride on some of the coolest single-track in the local area, or rock climbing on the world famous Frankenjura limestone! Use your own bike or rent one from Outdoor Recreation for only \$10. Climbing equipment is provided with trip fee. Must sign up in advance. Departs Outdoor Recreation at 5 p.m. and returns at 9 p.m.

July 12 Tour Under Bamberg \$25

This unique trip through the tunnels under Bamberg gives you a view of the city that shouldn't be missed. The tunnels are generally cool and damp, so please wear appropriate clothing and bring a flashlight. Departs Outdoor Recreation at 5 p.m. and returns at 7:30 p.m.

July 13-16 Karwendl Hutte Hike \$250

Join Bamberg Outdoor Recreation for a four-day hike through the Alps. This will be a moderately difficult hike through a mesmerizing landscape will have you captivated as you hike to a new hut each night. Inquire at Outdoor Recreation for more details. Transportation departs Outdoor Recreation at 6 a.m. on July 13 and returns at 6 p.m. on July 16.

July 21 Zurich, Switzerland \$65

Visit the largest city in Switzerland and let Outdoor Recreation take care of the driving. Zurich is a European financial capitol and was voted the city with the highest standard of living worldwide in 2008 and 2009. Children ages 4-12 are \$55, children 3 and under are \$45. Trip includes transportation and a city tour. Transportation departs the chapel parking lot at 6 a.m. and returns at 10 p.m.

July 28 Spelunking (Caving) \$35

Did you know that upper Bavaria has over 2000 naturally occurring limestone caves? Outdoor Recreation is your ticket to exploring the subterranean underground. We will be visiting three interconnected cave systems only a short drive away from Warner Barracks. Please pack food, drinks and camera. Old clothes or coveralls are recommended. Transportation departs Outdoor Recreation at 10 a.m. and returns at 5 p.m.

Aug. 4 White Water Kayak \$35

Beginners and experts alike are invited to join us on our Wiesent White Water Kayak trip. Please wear a swimming suit and bring a towel, sack lunch and water. Trip includes transportation and equipment. Transportation departs Outdoor Recreation at 8 a.m. and returns at 6 p.m.

Bamberg Movie Schedule

AAFES Reel Time Theater is closed
Tuesdays and Wednesdays

Thu	June 21	The Lucky One (PG-13)	7 p.m.
Fri	June 22	Prometheus (R)	7 p.m.
Sat	June 23	Madagascar 3: Europe's Most Wanted (PG)	3 p.m.
		Prometheus (R)	7 p.m.
Sun	June 24	Madagascar 3: Europe's Most Wanted (PG)	3 p.m.
		Prometheus (R)	7 p.m.
Mon	June 25	Madagascar 3: Europe's Most Wanted (PG)	7 p.m.
Thu	June 28	The Three Stooges (PG)	7 p.m.
Fri	June 29	Rock of Ages (PG-13)	7 p.m.
Sat	June 30	The Pirates! Band of Misfits (PG)	3 p.m.
		Rock of Ages (PG-13)	7 p.m.

Eco-Friendly Tips

Water-saving Tips

1. Install a rainwater tank to water your garden. Plants don't need drinking water to grow up, rainwater is even better.
2. Keep a container of water in the fridge so that you won't need to run the water down the sink until it's cool enough to drink.

Energy-saving Tips

1. Walk or bike to work. This saves on fuel and gas while improving your cardiovascular health and reducing your risk of obesity.
2. Use a drying rack or clothesline to save the energy otherwise used during machine drying. If you must use a dryer, consider adding dryer balls to cut drying time.

Recycling Tips

1. Bring a reusable water bottle with you, preferably aluminum rather than plastic, when traveling or at work.
2. Keep your cell phones, computers, and other electronics as long as possible. Otherwise recycle them at a designated recycling point.

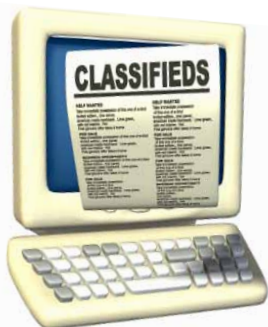
(FESTS continued from Page 2)

piece of culture in the city and county of Bamberg," said Guenther Denzler, the city of Bamberg's county commissioner. "You are preserving a Franconian tradition that is worth cultivating."

UPCOMING KIRCHWEIH DATES IN THE BAMBERG AREA:

Heiligenstadt: June 22-25
 Rattelsdorf: June 22-25
 Hallstadt: June 23-24
 Schoenbrunn: June 28- July 6
 Strullendorf: June 28- July 2
 Stegaurach: June 29- July 2
 Bamberg, St. Otto: June 29- July 2
 Poedeldorf: June 29-July 2
 Zapfendorf: June 29-2 July 2
 Kemmern ("Fischerkerwa") June 30-1 July 1

Check www.kirchweihkalender-bamberg.de for your community.



Please call us and tell us when you sell your item so we can remove the advertisement. Thank you.

AUTOMOBILES

1999 Mercedes A Class 170 CDI Elegance, Automatic 5 speed Turbo diesel, metallic blu, 4 doors, 5 liter/100km, Euro spec, inspection Nov. 2011, reliable car, accident free, snow and summer tires/rims, lots of other extras. 3,000 Euro or \$3,800 OBO. Call Mrs. Bass at 0176-3493-3664 or email janet.bass@us.army.mil.

1997 Volvo 960 4Dr Sedan, grey 155k miles, US Spec manual trans, 6-disc changer, auto sunroof, power windows, power and heated seats, all weather tires plus additional 4 extra new winter tires. Very reliable and runs great on Autobahn. \$3,000 OBO. Call Wayne at 0160-9859-5584 or email wayne.leone@us.army.mil.

2006 Ford Focus, 2-door hatchback, 29,000 miles, 5-speed manual, US specs, approx. 25 mpg, all-weather tires less than 1 yr. old. Reliable little getaway car, perfect for zipping around narrow European roads. Asking \$6,200 OBO. Contact Jonathan Spiegel at 015111002357 or email jonathan.spiegel@us.army.mil.

2002 Toyota Camry XLE for sale. AUTOMATIC Dark blue exterior with grey leather interior. Electric windows, seats, sunroof, mirrors, and HEATED front seats. Four door, ample trunk space, and 6-disc cd player. Never been in accident. GREAT family car! BRAND NEW Spec tires. US Spec and mileage is 191K miles. Asking price is \$5200 OBO Make an offer! Call Priscila Solis for more info at 01525-3901479 or email asolispriscila@gmail.com for pictures or questions.

2005 BMW 118d, 45+ mpg turbo diesel, 6 speed manual, 5 door hatchback, Euro Spec, 98000 miles, snow and summer tires/rims, onboard GPS/computer, heated seats, parking assist, PCSing must sell. Asking \$10,500. Call Robert 01607837935 or email lucasbmw118@yahoo.com.

\$3800 OBO 1997 Ford Mondeo, Grey 4 door, Euro Spec, Automatic, sunroof. Passed inspection Sept. 19. New

windshield and rear bumper, clean interior, very room. Car runs great on and off the autobahn. Phone:0160-985-45227.

\$2200 1998 2 dr. Seat Arosa, Euro Spec, 5-speed manual. Replaced front wheel bearings, new winter tires, new muffler. Passed inspection Oct 11. Excellent gas mileage. Phone:0160-985-45227

Opel Astra Coupe, 1999, red, 92000 miles, german specs, MP3 Player-CD, very clean and in good condition, new muffler, new brakes. Asking: \$3000 OBO, for more pics or information please contact e_sapper@hotmail.com.

EMPLOYMENT

Central Texas College Europe is hiring for the position of Substitute Field Representative in Bamberg. Associate's Degree from a regionally accredited college or university is required, or one year of college with five years of experience. For more information please contact the current Field Rep in Room 311 above the Community Activity Center, 0951-300-7476, or email bamberg@europe.ctcd.edu. You can also inquire with Les Brinkley at les.brinkley@europe.ctcd.edu.

The USAG Bamberg Community Chapel is currently accepting applications for Watchcare providers for the Watchcare Program. Performance period is expected through 30 September 2012. Interested parties should contact Stacey Berry, the Watchcare Coordinator, at 0152-242-84736.

Child & Youth Program Assistants: working with children in the Child Development Center, School Age Center or the Youth Sports and Fitness Program. Will be responsible for planning age-appropriate activities; supervising and monitoring children to ensure that they are safe and healthy; follow the guidelines to prevent and identify child abuse. Salary: \$10.89 - \$12.84. Related education and experience will affect salary.

Bamberg's Exchange is accepting applications for entry-level retail and food positions. Join a unique organization with the competitive package by applying online at www.applymyexchange.com or by calling Human Resources Office at 0951-303159.

Central Texas College-Europe is seeking applications for Automotive Instructors who have an associate's degree or higher and a minimum of five years work experience in the maintenance field or a bachelor's degree and a minimum of three years work experience in the maintenance field or A.S.E. Certification. For more information, call 0951-300-7467; or send an email to

bamberg@europe.ctcd.edu.

MISCELLANEOUS

Lost my cellphone Samsung Galaxy S2 in a brown clip leather case on May 15 at Warner Barracks between the Community Activity Center and Motorpool. If you find it, please return it and receive a 100 Euro reward for your honesty. Please call 0160-633-9262

Looking to buy a Weber Smoker. Please email duntum@yahoo.de or call 0163-2973350.

Home needed for 2 loving cats. 1 male (8yrs-orange Persian Mix) and 1 female (7yrs-Tabby). Up to date with all shots. ETSing and with deep regret we cannot take cats with us. Great family cats. Please call Alexandra or Doug at 0951-917-1978.

Looking for a loving home for our 2 male guinea pigs. They include 2 large cages, wooden huts, bedding material, grooming supplies, toys, books, pet carrier, and water bottles. They are 2 years old. Asking \$100. We are PCSing soon and can not take them with us. If interested please call 0151-1756-0411.

Large Apartment 2 bedroom and studio just 10 minutes away from Bamberg. Pictures available. Call 0152-54229569.

Let me walk your dog! Do you have a high energy dog that needs to go on long walks, but you don't have the time? Let me walk your dog. I will tailor to each dog's needs, but I usually go on 6 mile+ walks. \$10 for each walk. For my personal information please contact me at erin.cooper@us.army.mil.

Looking for a teacher of the Russian language. Call: 015152050467 or email mmk09@aber.ac.uk.

Mariachi Cuatro Caminos. Needs violins and trumpet players, along with vocalists male and female We will perform for the community and Middle and elementary schools in the community All serious inquires please email puomariachi@hotmail.com.

Apartment for rent. 1 bedroom apartment. 1 kitchen with built in kitchen furniture, 1 living room, 1 bedroom, 1 bathroom. All lamps and curtain included. Basement, Laundry room (already washer and dryer there), 2 parking lots. 14 km from post. For more info, call 0152-54229569.

FOR SALE

For Sale: Portable AC Unit \$250. ModelCR208 unit on wheels with hose to exhaust hot air out your window. 2000watt capacity is enough to cool an entire floor.

Dehumidifier and adjustable thermostat Only used one year and costs 350 Euro new. Call 0951-300-9344 or 0176-283 54207.

For Sale: 26 inch Sony Color TV in excellent condition with remote. \$40 OBO. Call 0176-2835-4207.

For Sale: Pro-Form 575 "Cross Trainer" Treadmill, 2 HP Motor, Speeds 1 to 10 mph, 220V, \$350. Must pick up in Schweinfurt. Contact Douglas or Eva Stewart. 09721-749246 or 0951-300-8754 or Stewartorders@hotmail.com.

For Sale: Central Texas College textbook, The Core, Larry J. Siegel 4th Edition for Law Enforcement History of America. Like brand new, only a few marks on the first 5 pages. \$ 95. Cost new \$125. On Post Pick up or I can mail it. Email: hic4chris@aol.com or cell: 0176-48026658.

For Sale: German solid wood living room shrank with lights: measurements are: 3.28m wide, 2.17m tall; 0.55m deep. The price is negotiable. Pictures available. 0152-54229569.

Kitchen with all appliances- \$700; German king-size solid wood bed - \$430; German bedroom schrank (4 meters long, 220 m high/black&white)-\$570; solid wood round dining room set (w/4 chairs)- \$200; French bed (120X200)-\$150; high board-\$75; bathroom cabinet-\$70; and a solid wood chest of drawers-\$65 / OBO. Call 0174-766-3088.

For Sale: Couch - \$300; TV Entertainment Center - \$80; Pier 1 Papasan Chair - \$65; Queen Size Bed and Mattress - \$330; Dresser - \$100; Bedroom Wardrobe - \$65 and 2 Piece Solid Wood Buffet - \$780. All in excellent condition. Pictures available upon request. Prices negotiable. Contact: Cell 0160-781-5496 Email: riesr@t-online.de.

AD SUBMISSIONS

When submitting a classified ad for publication, include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after an appropriate publication length. If you have something you want to advertise in the classified section, please email your submission to the Public Affairs Office at usarmy.bamberg.usareur.mbx.pao@mail.mil. We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 0951-300-1600.

AAFES Corner X EXCHANGE
Celebrate the Fourth of July
Click here to view weekly savings

Defense Commissary Agency Corner

Bring your own bag

Go to <http://www.commissaries.com>.

Click [here](#) for printable online coupons.

Click [here](#) for recipes from Kay's Kitchen.



Outside the Gate

Events in and around Bamberg

Guided tours are a good way to get to know the place you are living or stationed. It is a good way to spend time outside, with friends or family. Check this website available in English on guided tours <http://www.bamberg.info/en/stadtfuehrungen/>

For general information on Bamberg's sights, fests, locations and free-time activities check these websites. <http://www.bambergtravel.com/> or <http://www.bamberg.info/en>. The information is available in English and with the nice pictures you will get in the mood for getting out and enjoying yourself.

Insider tips and rating for the coolest pubs, clubs, bars and sights can be found on this website: <http://www.virtualtourist.com/travel/Europe/Germany/Bavaria/Bamberg>. People who have been to these locations before share their insight information and experiences. It is a great resource for all who would like some more information on their favorite destination on Bamberg before leaving post.

Enjoy the good weather with the volksmarching enthusiasts. At http://www.dvv-wandern.de/v_vb/10/Wandertage you will find the upcoming dates of the volksmarching activities in Franconia. For general information on events in Franconia you can check http://www.dvv-wandern.de/v_vb/10. For information on the German-American Volksmarching Club Bamberg (Deutsch-Amerikanischer Wanderclub Bamberg) and information in English you can contact Mr. Wolfgang Keller, Warner Barracks, building 7090, room 103, Monday, Wednesday, Friday, 3-5 p.m.

You have 109 days left to visit the Bavarian Garden Show in Bamberg! Learn how honey is made and how insects help your garden, enjoy various street games, kids crafts, bouncy castles and more; find new trends for outdoor-living, outdoor lounges and modern plants. Visit <http://www.bamberg2012.de/web/en/index.php> for details.

PREVIEW: Mark your calendars: 6-12 August 2012, Bamberg's Blues and Jazz Festival feat John Lee Hooker Jr., Soneros De Verdad, Vintage Trouble and others. More than 40 free bands, at various locations in Bamberg, main acts on the stage at Maxplatz.

Insider Tip:

Did you know that the Bamberg Cinestar offers movies in English language every once in a while? Their website is available in English at <http://www.cinestar.de/en/kino/bamberg-cinestar>.

Events for June 22-24

Friday, June 22

2-11:30 p.m. Franconian Winefest, at Schloss Geyerswörth, Innenhof, Geyerswörthstr. 1, 96047 Bamberg

6 p.m. Kirchweih at Unteraurach, Dorfstr., 96135 Stegaurach-Unteraurach

6:30 p.m. Bonfire at Sassanfahrt, at Alter Festplatz, Regnitzstr., 96114 Hirschaid

7 p.m. Bonfire at Stegaurach, Mühlendorfer Str., 96135 Stegaurach

7 p.m. Bonfire at Sportgelände Walsdorf, Am Sportplatz, 96194 Walsdorf

7 p.m. Bonfire Mühlendorf, Schulweg, 96135 Stegaurach-Mühlendorf

8 p.m. Sound Infect: Metalnight featuring five newcomer bands, at Live-Club, Obere Sandstraße 7, 96049 Bamberg

10 p.m. Greenclub (rap, funk), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

Saturday, June 23

6 p.m. Gospel concert, at Institutskirche der Maria-Ward-Schulen, Holzmarkt 2, 96047 Bamberg

7:30 p.m. Flower-Songs, musica-viva choir performs songs by Eric Whitacre, Morton Lauridsen, John Rutter and others, at VHS Altes E-Werk, Tränkgasse 4, 96052 Bamberg

7:30 p.m. Jazz Evening featuring Karawahn (swing, soul, funk, jazz, 60s and 70s rock), at Gasthof Goldener Adler, Am Marktplatz 12, 96179 Mürsbach

8 p.m. Noise Room (hip hop and djs), free admission, designed for youths, at Jugendkulturtreff IMMER HIN, Dr.-v.-Schmitt-Str. 20, 96050 Bamberg

10 p.m. Blcrocking Beats (electro, fidget, techno), at Morph Club, Luitpoldstr. 17, 96052 Bamberg

10 p.m. Old School Dance Party, featuring songs of the entire last century... at Live-Club, Obere Sandstraße 7, 96049 Bamberg, 0951-53304, info@live-club.de, www.live-club.de

Sunday, June 24

6 a.m. Burgholz-Run (1,5k; 5,5k; 13k), at Schulsportplatz am Schulzentrum, 96110 Scheßlitz

11 a.m.-10:30 p.m. Franconian Winefest, at Schloss Geyerswörth, Innenhof, Geyerswörthstr. 1, 96047 Bamberg

11 a.m. Jazz Breakfast featuring Ladies In Black, at Kellerhaus Pommersfelden, Kellerberg 1, 96178 Pommersfelden

11 a.m.-8 p.m. Rose Festival "A Midsummerday's Dream", at Gärtnerei Reichert, Bahnhofstr. 17, 96175 Pettstadt

5 p.m. Ebracher Music Summer, British Impressions (Mozart, Haydn, Mendelson Bartholdy), at Kaisersaal, Marktplatz 1, 96157 Ebrach

National Concert Schedule

All dates, and tickets are available on the following website <http://www.eventim.de/project-pitchwork-tickets.html?affiliate=GMD&doc=artistPages%2Ftickets&fun=artist&action=tickets&erid=637247&includeOnlybookable=true>

July 26 Kool and the Gang, Stadthalle Fuerth

Aug. 10 Taubertal Festival feat. Placebo, Beatsteaks etc.

Aug. 25 Rock Im Pott feat. Red Hot Chili Peppers, Placebo and more
Aug. 29 Green Day and special guests: Angels and Airwave, Warstiener Hockey Park, Monchengladbach, 6 p.m.

Aug. 30 Green Day and special guests: Angels and Airwave, Kindl-Bühne Wuhlheide, Berlin, 6 p.m.

Sept. 19 Nickelback, o2 World Hamburg, Hamburg, 8 p.m.

Visit the city of Bamberg's official website

The screenshot shows the Bamberg official website with a red header and navigation tabs: Home, Hotels & accommodation, Guided tours, Packages. A sidebar menu on the left lists categories: Experience, Worth seeing, Culture, Active, For..., Service, Specialist. The main content area features several articles:

- Our tip – your personal delicacy!**: Promotes the Franconian Route and regional delicacies.
- Bamberg - the beer city**: Discusses nine breweries and the city's beer culture.
- Bamberg - an unforgettable experience!**: Highlights the city's history and culture.
- BAMBERG Tip**: Lists local events like "22.6.-26.6. Sightseeing in Bamberg" and "23.6.-4.8. Rose Garden Serenades".
- 23.6.-4.8. Rose Garden Serenades**: Announces a concert by the Bamberg String Quartet.

At the bottom, there are social media links for Facebook, Twitter, and YouTube, along with a "Contact us" button.